



# Final Race Instructions for the Annual Castlewellan Christmas Cracker Pairs Race – Saturday 28th December 2019 at 1pm

### **Car Parking**

- Parking is available is available in Schools and Churches, look for signs.
- Parking in Castlewellan Forest Park is subject to normal charges.
- Please park responsibly and follow any instructions given by Newcastle AC stewards.
- Please car share where possible.

#### Registration

- There will be no entries available on race day.
- Race numbers will be available for collection on race day between 11am and 12:30pm at Castlewellan GAC, 21 Circular Road, Castlewellan, BT31 9ED.
- There will be registration desks split into alphabetical groups by Runner 1's surname, please ensure you go to the correct desk.
- To speed up registration and allocation of numbers one team member is requested to collect both numbers.
- Please state the surname of Runner 1 at registration.
- Please keep the registration area clear once registered.
- You must scan your number when exiting the hall, otherwise your entry will not be valid.

#### Course

- Start is on the Newcastle Main Road, please do not block traffic.
- This year's Cracker Course is approximately 8.5 miles long and is multi terrain including forest tracks, fields, grass, mud and tarmac roads with approximately 900 feet of climbing.
- Course will be marked with arrows and tape. There will also be marshals stationed around the course.
- Please ensure your number is visible at all times, especially at the finish line as your barcode will be scanned.
- As this is a pairs race, you must finish with your partner you will not be allowed to enter the finish area without your partner – this will be strictly enforced.
- Finish is in Castlewellan Park camp site near Rangers Hut.
- Soup & Roll will also be provided for runners after the race, the Community Hall opposite the GAA Club on presentation of race number.

## **Changing and Presentation**

- Commemorative medals will be distributed at the finish line on completion of the race.
- There will be changing for male and females before and after the race please do not leave valuables in the changing rooms.
- Toilets are available in the GAA Club, at the Public Toilets Building in the Upper Square and at the Main Carpark in the Forest Park.
- The presentation will be held in Castlewellan GAA Club after the Race at 4pm.
- Free tea and coffee in the GAA Club.