



## Final Race Instructions for the Annual Castlewellan Christmas Cracker Pairs Race – Saturday 29<sup>th</sup> December 2018 at 1pm

### Car Parking

- Parking is available in the car parks at Upper Square and Lower Square Castlewellan, opposite the GAA Club and at Castlewellan Presbyterian Church (not suitable for large coaches and it will not be marshalled during the race).
- **Parking in Castlewellan Forest park is subject to normal charges.**
- Please park responsibly and follow any instructions given by Newcastle AC stewards.
- Please car share where possible.

### Registration

- There will be no entries available on race day.
- Race numbers will be available for collection on race day between 11am and 12:30pm at **Castlewellan GAC, 21 Circular Road, Castlewellan, BT31 9ED.**
- There will be registration desks split into alphabetical groups by Runner 1's surname, please ensure you go to the correct desk.
- To speed up registration and allocation of numbers **one team member** is requested to collect both numbers.
- Please state the surname of Runner 1 at registration.
- Please keep the registration area clear once registered.
- **You must scan your number when exiting the hall, otherwise your entry will not be valid.**

### Course

- **Start is 10 minutes walk from GAA Club, look for directions.**
- This year's Cracker Course is approximately 8.5 miles long and is multi terrain including forest tracks, fields, grass, mud and tarmac roads with approximately 900 feet of climbing.
- Course will be marked with arrows and tape. There will also be marshals stationed around the course.
- Please ensure your number is visible at all times, especially at the finish line as your barcode will be scanned.
- As this is a pairs race, you must finish with your partner – you will not be allowed to enter the finish area without your partner – this will be strictly enforced.
- Finish is in Castlewellan Park camp site near Rangers Hut.
- **Soup & Roll will also be provided for runners after the race near the finish on presentation of race number.**

### Changing and Presentation

- Commemorative medals will be distributed at the finish line on completion of the race.
- There will be changing for male and females before and after the race – please do not leave valuables in the changing rooms.
- Toilets are available in the GAA Club, at the Public Toilets Building in the Upper Square and at the main carpark in the Forest Park.
- The presentation will be held in Castlewellan GAA Club after the Race at 4pm.
- Free tea and coffee in the GAA Club.
- Music provided in the Club after event – dancing optional!