

Final Race Instructions for the Annual Castlewellan Christmas Cracker Pairs Race – Tuesday 27th December 2016 at 1:00PM

Car Parking

- Parking is available in the car parks at Upper Square and Lower Square Castlewellan, opposite the GAA Club and at Castlewellan Presbyterian Church (not suitable for large coaches and it will not be marshalled during the race).
- Please park responsibly and follow any instructions given by Newcastle AC stewards. Please car share where possible.

Registration

- There will be no entries available on race day.
- Race numbers will be available for collection on race day between 11:30am and 12:45pm at Castlewellan GAA Club, Circular Road, Castlewellan.
- There will be registration desks split into alphabetical groups by Runner 1's surname, please ensure you go to the correct desk.
- To speed up registration and allocation of numbers **one** team member is requested to collect both numbers and commemorative mugs.
- Please state the surname of Runner 1 at registration.
- Please keep the registration area clear once registered.
- If you need to change partner please inform us before race day by emailing info@newcastleac.org. It is important that we have contact details for all runners on the course.

Course

- This year's Cracker Course is approximately 8.5 miles long and is multi terrain including forest tracks, fields, grass, mud and tarmac roads with approximately 900 feet of climbing.
- Course will be marked with arrows and tape. There will also be marshals stationed around the course.
- Please ensure your number is visible at all times, especially at the finish line as your barcode will be scanned.
- As this is a pairs race, you must finish with your partner – you will not be allowed to enter the finish area without your partner – this will be strictly enforced.
- Please be aware that roads are not closed to traffic. Approximately 2 miles of the course will be on public roads.

Changing and Presentation

- There will be changing for male and females before and after the race – please do not leave valuables in changing rooms.
- Toilets are available in the GAA Club, at the Public Toilets Building in the Upper Square and at the main carpark in the Forest Park.
- Presentation will be held in Castlewellan GAA Club.
- Soup provided after race.
- Music provided in club after event – dancing optional!