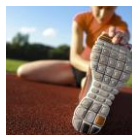


# Newcastle AC Juniors



## Upcoming Events

Date	Event	Location	Time	Contact Details/Website
Friday 14 <sup>th</sup> July	Sea to Sky 5K (age 12 and over)	Newcastle	7.30 pm	<a href="http://www.born2runevents.com">http://www.born2runevents.com</a>
Saturday 22 <sup>nd</sup> July	Bryansford GAC 5K (age 12 and over)	St. Patrick's Park Newcastle	12 midday	<a href="http://www.newcastleac.org">http://www.newcastleac.org</a> eamonmccrickard@icloud.com
Tuesday 25 <sup>th</sup> July	North Down AC Open Track Meeting (U13 and older)	Bangor Sportsplex	7:00pm	<a href="http://northdownac.co.uk/">http://northdownac.co.uk/</a> <a href="mailto:northdownac@gmail.com">northdownac@gmail.com</a> (timetable of events on North Down AC website)
Wednesday 26 <sup>th</sup> July	Downpatrick RGU 2 x 5K relay	RGU Club Rooms, Downpatrick	7.30pm	Joe Quinn 07933214894 <a href="mailto:joemarathon50@btinternet.com">joemarathon50@btinternet.com</a>
Wed/Thurs 26 <sup>th</sup> & 27 <sup>th</sup> July	Athletics Endurance Training Camp (10 – 14 year olds)	St. Colman's College Newry	10:00am to 2:00pm	<a href="http://athleticsni.org/Fixtures/Startrack">http://athleticsni.org/Fixtures/Startrack</a> Michael Dyer on <a href="mailto:michael@athleticsni.org">michael@athleticsni.org</a>
Tues 8 <sup>th</sup> to Thurs 10 <sup>th</sup> August	3 Day Summer Startrack (8 to 15 year olds) <i>Learn to Run, Jump and Throw with expert coaching</i>	St. Colman's College Newry	10:00am to 2:00pm	<a href="http://athleticsni.org/Fixtures/Startrack">http://athleticsni.org/Fixtures/Startrack</a> Michael Dyer on <a href="mailto:michael@athleticsni.org">michael@athleticsni.org</a>
Tuesday 15 <sup>th</sup> August	North Down AC Open Track Meeting (U13 and older)	Bangor Sportsplex	7:00pm	<a href="http://northdownac.co.uk/">http://northdownac.co.uk/</a> <a href="mailto:northdownac@gmail.com">northdownac@gmail.com</a> (timetable of events on North Down AC website)
Wed/Thurs 16 <sup>th</sup> & 17 <sup>th</sup> August	Summer Startrack (8 to 15 year olds)	Down High School Downpatrick	10:00am to 2:00pm	<a href="http://athleticsni.org/Fixtures/Startrack">http://athleticsni.org/Fixtures/Startrack</a> Michael Dyer on <a href="mailto:michael@athleticsni.org">michael@athleticsni.org</a>
Thursday 17 <sup>th</sup> August	Firmus Energy Super 6	Mary Peter's Track, Belfast	6:15pm	<a href="http://athleticsni.org/Fixtures/Firmus-Energy-Super-6-Series">http://athleticsni.org/Fixtures/Firmus-Energy-Super-6-Series</a>
Thursday 31 <sup>st</sup> August	Firmus Energy Super 6	Mary Peter's Track, Belfast	6:15pm	<a href="http://athleticsni.org/Fixtures/Firmus-Energy-Super-6-Series">http://athleticsni.org/Fixtures/Firmus-Energy-Super-6-Series</a>